Your Journey to Wellness Starts Here

Seaside Palm Beach
A LUXURY WELLNESS RETREAT
Specializing in the Treatment of Addictive Disorders

renew. reflect. refuel. recharge.
Built On Cutting-Edge Research

Seaside Palm Beach is a luxury treatment center created by the team of doctors, therapists, and scientists that lead Behavioral Health of the Palm Beaches (BHOPB), an acknowledged leader in addiction treatment, education, and independent research.

Experience you can trust

Over the past 15 years, BHOPB has built a reputation for providing the finest therapeutic substance abuse treatment program with the highest success rates for addiction recovery today.

The treatment philosophy at Seaside Palm Beach extends beyond that of a standard dual diagnosis substance abuse treatment center.

We are a luxury wellness retreat that combines the best of eastern and western approaches to recovery from illness. Our core issues model focuses on the underlying issues that affect your ability to live a balanced and productive life. We simultaneously treat the mind, body, and spirit – in an exclusive residential environment that ensures absolute discretion and privacy.

Call 24/7 (888) 432-2467
We do not believe in sequestering our guests from the “real world.” We feel that lasting recovery from addiction is best learned through “living recovery.”

This supportive environment allows individuals to face many of the same day-to-day challenges they would in their home environment, while being surrounded by a caring staff that helps them make healthy choices.

We focus on creating opportunities for wellness — not on restricting behavior. Guests may have mobile phones and computers, access to the Internet, and use of our full service business center to stay in touch with the outside world.
Enjoy The Amenities You Deserve

Located in a relaxed oceanside enclave, nestled in the stretch of sophisticated communities known as Florida's Gold Coast – Seaside Palm Beach offers an idyllic destination to heal, transform and recover.

Every attention to detail has been considered when designing and developing the Seaside Palm Beach luxury wellness retreat.

Amenities include:

- Daily laundry service
- Dry cleaning service
- Daily maid service
- Flat screen televisions
- Wi-Fi in each residence
- Business Center
- Gourmet meals

Our handpicked guest services staff is skilled at providing assistance to elite clientele, and each guest can expect individualized services tailored to their unique needs.

While guests stay with us, our team of residential coordinators provides recreational, cultural and entertainment activities that take advantage of the sophisticated Palm Beach and Gold Coast lifestyle.
Individual Attention

Our experienced multidisciplinary clinical team meets each day to assess and evaluate your progress. Due to our very low staff to guest ratio, each guest receives between 8-14 hours of individual clinical services per week.

Start each day fresh

Because no two guests come to us with the same accumulation of challenges, your daily schedule is set to synergistically maximize your path to wellness and renew your mind, body, and spirit.

Our clinical offerings include the latest in Eastern and Western modalities, ranging from equine therapy to eye movement desensitization and reprocessing (EMDR).

Other therapies include:

- Acupuncture
- Traditional Chinese medicine
- Chiropractic services
- Reiki
- Tai Chi
- Yoga
- Pilates
- Kayaking
- Aromatherapy
- Neuropsychological testing
- Cranio sacral therapy
- Hypnotherapy
- Light sound neurotherapy
- Trans-magnetic cranial stimulation
- Beachfront meditation

Call 24/7 (888) 432-2467
Addictive diseases are both progressive and chronic, impacting individuals, families, and significant others.

At Seaside Palm Beach, families and significant others are encouraged to participate in the treatment process.

We offer a variety of options for family involvement including an all-inclusive 5-day intensive family program, weekly family sessions as deemed clinically appropriate, and a variety of 1, 2 and 3-day family intensives.

Begin Healing Your Family

Families play an important role in the recovery process
Overcome Your Barriers Through Our Specialty Programs

We offer specialty programs to address dual diagnosis, eating disorders, pain management, extensive trauma, and professional specialties.

Featuring programs designed for:
- Healthcare
- Aviation
- Professional Sports
- Law
- Executive Management

Interacting with horses, facilitated by a specially trained equine assisted psychotherapist, enables many individuals to overcome their obstacles and achieve remarkable progress in a short period of time.

By establishing an emotional connection with the horse, you become more conscious of your thoughts and emotions. As a result, our staff of trained professionals is able to promote discussion of problematic issues and assist you on the road to recovery. Our unique equine program includes a highly qualified staff of licensed professionals following the EAGALA model of treatment, designed by the Equine Assisted Growth and Learning Association.

seasidepalmbeach.com
Who We Are

Our founder

“People suffering from addictions find it challenging to embark on the journey of recovery. Addiction does not discriminate and privilege does not have to be a barrier to recovery. Seaside Palm Beach seeks to eliminate the psychological barriers to healing that afflict everyone at any income level”.

Dr. Don Mullaney
Founder
(1944 – 2009)

Individuals who are accustomed to excellence in all areas of their lives expect and demand something different.

One should not have to sacrifice their standard of living on their journey to wellness. Seaside Palm Beach strives to set the standard for treatment of addictive disorders in a private luxury setting.

With the individual needs of our guests in mind, Seaside Palm Beach offers an environment focused on transformation.

We believe that an addiction has taken away an essence of our being: the ability to choose, and to act in accordance with our values. Seaside Palm Beach strives to restore the whole person to wellness.

Call 24/7 (888) 432-2467
Call 24/7 (888) 432-2467
seasidepalmbeach.com